



# Finger Labyrinth

Many people all over the world have used labyrinths for hundreds of years to help focus their hearts and minds in prayer. Say the following prayer as your finger moves slowly into the labyrinth, deep into the heart of God's love, and then back out again.

God of love,  
I am listening for your voice deep inside my heart.

God of love,  
show me how to share your love with others.

