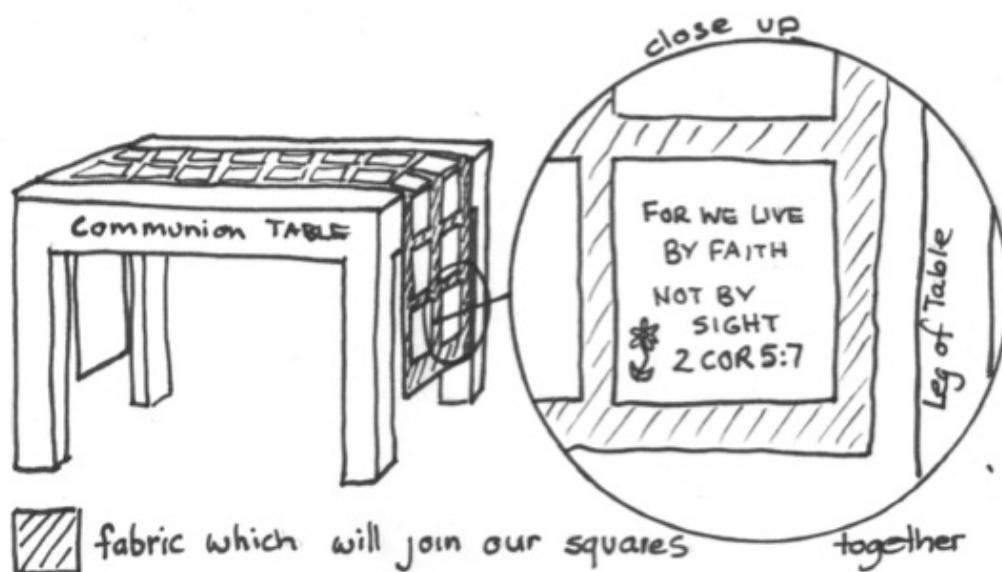


Community Project St. George's Uniting Church, Eden

In this time of isolation let's join together in other ways

Tell our 'Christian Hope' on a square
Join with us in some creativity 😊

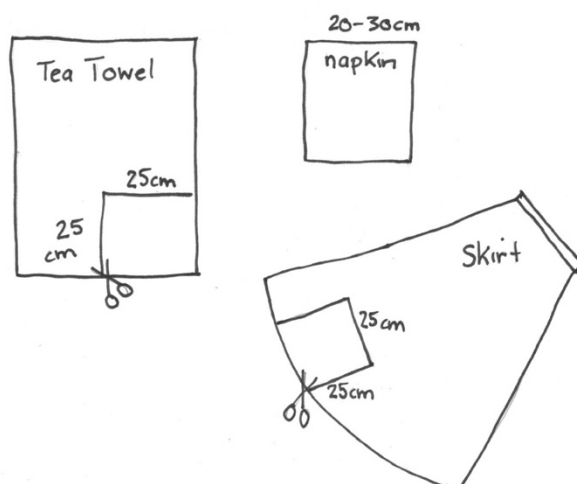
Table Runner for our Communion Table



Instructions

If you would like to make a square to add to our Communion Table project, then please follow the directions below.

1. Cut out a 25cm x 25cm square from your 'stash' of material - if you don't have a stash then cut from an old shirt or skirt you haven't worn for a while, tea towel or even a napkin. (See below) Cotton/linen is best.



2. If you can't cut the material, draw a square of equivalent size onto the fabric, we will cut it at a later stage and work in the square until then.

3. In this square,

a) stitch, draw, potato print (preferable Fabric paints), etc

- Bible verse, e.g. For we live by faith not by sight, 2 Cor 5:7
- letters of the passage e.g. Psalm 46:10
- a symbol e.g. cross, alpha and omega, fish, tree of life etc

4. Draw your design onto the square to give you a guide. Then stitch to your hearts content.

5. Keep each square until our working bee on the other side of this 'COVID19' isolation and have FUN!

Here is my start on a napkin. "**For we live by** Faith not by Sight "2Cor 5:7



This stitch was made with acrylic yarn to show you how it doesn't have to be embroidery thread if you don't have any, but Cotton and embroidery thread make it easier for small writing.

Don't get too worried, just be creative.

And a YouTube about how to stitch

<https://www.youtube.com/watch?v=BlafuuKIZhY>

You will have seen that I also attached to the email an embroidery stitch booklet to give guidance in hand.

If you have any questions call me 0426 242 356

Blessings,

Petra