# Controlled by Love

Have you ever felt like you were in a difficult spot?

Olympics - pole vaulter - opening high - 2 failed jumps down - pressure on! ......

Perhaps we are all feeling that at present - COVID and masks etc.

When feeling a little discouraged - what do you want?

- A vaccine?
- A break in the clouds ... a good jump!
- A good friend to show you what? Discuss
   Compassion, Love, Grace, forgiveness and Hope

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Lets have an example ..... A game - Aids brought

- Bucket of water + Glass of Water + Thimble of Water
- My head (Represented by cut out or hat)
- A timer 1 minute (My phone on timer)
- A dice (Have more die momentarily concealed)

Here is the game - You must throw two sixes in one minute ..... if not then one of these items full of water goes over my head ....!

What would 'I' want now?

- I would hope you played quickly!
- I would hope that you might be a good friend and choose the smaller containers!
- What if there was more die available? I would hope that you might choose more people to help you throw a six in the minute!
- What if there was an umbrella available I would hope you might let me use the umbrella.

I would put my hope on you being loving and kind ...... thimble and more die and the umbrella!

In Psalm 130 - A man noticed he was in a difficult spot - he relied on God being a good friend! - love .......

Verse - 4 and verse 7

With people we cannot always be sure they would be kind when we call out to them .... but we can be sure God will ....

do you know why??

Open the umbrella - what to you learn ..... JESUS (Have these letters placed on the inside of the umbrella) - we shelter under Jesus - he saves us from hopelessness and loss - with Jesus - you will know that we are loved - (he is controlled by love) even if people or situations are difficult. He is our shade ..... we find rest under his care!

### \*\*\*\*\*

### Psalm 130

- 1 From the depths of despair, O Lord, I call for your help.
- 2 Hear my cry, O Lord. Pay attention to my prayer.
- 3 Lord, if you kept a record of our sins, who, O Lord, could ever survive?
- 4 But you offer forgiveness, that we might learn to fear you.
- 5 I am counting on the Lord; yes, I am counting on him. I have put my hope in his word.
- 6 I long for the Lord more than sentries long for the dawn, yes, more than sentries long for the dawn.
- 7 O Israel, hope in the Lord; for with the Lord there is unfailing love. His redemption overflows.
- 8 He himself will redeem Israel from every kind of sin.

## INSERT .L.O.V.E IN THE FOLLOWING SENTENCES

\_ ife is very g \_od when we forgi\_ \_

try to over\_o\_k the \_ery worst in p\_ople
every c\_\_ud and a sil\_\_r lining
a\_l\_wing e\_il to triumph is a big d\_feat
ong eralls are good in wint r

Jesus is \_ord ab\_ \_e all oth\_r lords

Jesus cal s on us t ser e one anoth r

Sun \_ight \_n the wa\_es is b\_autiful

Can you find LOVE ten times in the table below??

12	1	2	3	12	15	22	5
15	4	6	7	8	9	10	11
22	12	13	12	15	22	5	14
5	16	15	12	17	18	19	20
21	23	24	22	15	25	26	1
2	3	4	6	5	22	7	8
9	12	15	22	5	10	5	11
13	14	16	5	17	5	18	12
19	12	22	20	22	21	23	15
24	15	15	15	25	26	1	22
12	2	12	22	3	4	6	5
7	8	9	10	5	11	13	14

Α	1
В	2
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D	4
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F	6
G	7
Н	8
I	9
J	10
K	11
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М	13
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